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Don't Waste Another Second: Blast Through Procrastination

Presented by Jeff Davidson, MBA, CMC

The procrastination bug infects workers in businesses of every size and type, wasting countless man-hours and negatively affecting company profits.

Tuesday, September 11, 2007
 11:00 am ET/10:00 am CT
 9:00 am MT/8:00 am PT
 Length: 60 minutes

Let's face it, we live in a society that produces **more information in a day** than we could ingest in the rest of the week or month. And if that alone isn't enough to distract an employee, how about the noisy open cubicles or work overload? All the distraction and procrastination leads to *less productive, unfocused employees and a smaller bottom line.*

Fight back! Jeff Davidson will open your eyes and give you a fresh perspective on procrastination to help you **get your workplace woes under control**. This riveting audioconference will give you a new understanding of **why we procrastinate** and how to deal with it. Learn how to leap beyond procrastination and focus on the areas of your life where you shine — remember, no one procrastinates about everything!

Join Jeff for a valuable 60-minute guided tour of ways to beat procrastination back with proven strategies that get you and your employees focused and back on track. You'll find out:

- How to quell anxiety and **start on that task you've been putting off** for so long.
- **The best way** to handle information overload and focus on what you need.
- Tips to help **tame the distractions** that lead to procrastination in the first place.
- Why taking action now will help you **maintain the momentum to get more done** than ever before.
- Techniques to use in all aspects of your life to become more accomplished and more satisfied with your work.
- **And more!**

Plus: Ask for help from the expert during the **live, interactive Q&A session** and find out how you can increase your chances of success!

You're sure to reap long-term rewards with this tiny time-commitment that will help you stop wasting time and **get back to work!**

Order Below Or Call 800-477-4030 Today!

Your Expert Speaker



Jeff Davidson is the **work/life balance expert** for our time-pressed generations. He helps career professionals overcome the relentless burden of information and communication overload. As a speaker, author, and columnist, Jeff Davidson has attracted clients such as AmericaOnline, NationsBank, Swissotel, IBM, Executone, U.S. Postal Service, American Express, Lufthansa, Westinghouse, National Association of Realtors, American Congress of Healthcare Executives, and more than 500 other leading organizations and associations. The body of work that he has assembled for his consulting clients has earned him the Certified Management Consultant (CMC) designation from the Institutes of Management Consultants.

His career as an author includes more than 3,450 articles and 36 books, plus 16 revised editions. Several of Jeff's books have been on the curriculum at George Washington University, Duke University, and the University of Connecticut, and have been translated into Japanese, Chinese, Turkish, Russian, Thai, Korean, German, Indonesian, Malay, French, Polish, Czech, Spanish, Portuguese, Arabic,