



ASSOCIATES RELOCATION MANAGEMENT COMPANY, INC.

October 3, 1995

Mr. Jeff Davidson
Breathing Space Institute
2417 Honeysuckle Road, #2A
Chapel Hill, NC 27514-6818

Dear Jeff:

Thank you for such an exciting and informative session on Breathing Space: How to Survive in a Sped-Up World. Wow, did I need it.

It is so easy to become overloaded with papers, and after your session, I have set a goal for myself to try and only handle each piece of paper once. It is very difficult, but in my first day back, I have managed to get through a lot of information. Now if I can just stick to it.

Your ability to excite a crowd and hold their attention, particularly at the end of several very intense days is fantastic. I look forward to attending your next seminar in the not too distant future. By then, hopefully, I will have mastered the paper flow and can move on to the next step.

Many thanks.

Sincerely,

Pat Baughman
Manager, Client Services