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Breathing Space Institute
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Jeff

I enjoyed your presentation very much. First you are very enthusiastic to listen to and to watch. I have gone to a lot of presentations in my career and it is really important to engage the audience.

I agree with your concept of in order to have harmony in ones life one must learn to slow down and breath.

I think the 36 minutes that you took to cover your topics were perfect. Your one page take away will go into my book of positive influences that I collect.

Thank you for the opportunity to hear your presentation.

Sincerely

Patricia Mangiameli
Image Consultant