



American Express
Travel Related Services Company, Inc.
2652 Eastrock Drive, Suite 2C
Rockford, Illinois 61109-1759

September 23, 1996

Jeff Davidson, MBA, CMC
Breathing Space Institute
2417 Honeysuckle Road #2A
Chapel Hill, NC 27514-6819

Dear Mr. Davidson,

I attended your presentation at the American Express Onsite meeting held at the Indian Lakes Resort in Bloomingdale, IL, September 21, 1996.

Your presentation was very entertaining, humorous and full of valuable information. I would recommend your presentation to everyone! I'm now working especially hard on the "Saying No with Grace", "Re-Investing in Myself" and "Getting Lean & Mean" antidotes!

Thanks for a great time and a great message!

A handwritten signature in cursive script that reads "D-Ann Erickson".

D-Ann Erickson
Onsite Coordinator