



California Pacific
Medical Center

A Sutter Health Affiliate

February 4, 2003

Jeff Davidson, MBA, CMC
Breathing Space Institute
2417 Honeysuckle Road, #2A
Chapel Hill, NC 27514-6819

Dear Jeff:

I very much enjoyed your presentation. The information you imparted about eight hours of sleep nightly has changed my life. I have shared with others the importance of "completion" of tasks before starting others.

I would appreciate a cassette recording on having more *Breathing Space*.

Very truly yours,

Jack C. Bailey, FACHE
Executive Vice President/Administrator