

# Carrollton Junior High School

*A Georgia School of Excellence*



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*School Counselor*

October 10, 1994

Mr. Jeff Davidson, MBA, CMC  
2417 Honeysuckle Road, Suite 2A  
Chapel Hill, NC 27514-6819

Dear Mr. Davidson:

I was so glad to attend your presentation with my husband (Georgia Community Bankers Assoc.) in Bermuda on September 20. Your topic, "Breathing Space," was exactly what I needed to hear in relationship to my lifestyle as a full-time Computer and Spanish teacher, wife and mother of 4 elementary age children.

Yes, I have been able to apply the Breathing Space--Action Steps everyday to my daily activities, home, and school. I am, finally, finding time for myself, and with each family member. I, also, feel better!

Thank you for presenting a very useful and interesting topic.

Sincerely,

Mrs. Bunny H. Duncan