



September 9, 2009

RE: ABC's Presentation on More Breathing Space

Jeff,

Hope all is well and that you have taken some time today to step away from everything and breathe. I wanted to tell you how much I enjoyed your lecture today. Everyday life has so many distractions that take us away from tasks at hand. Tasks that need to get done so that we then can take time to enjoy what is really important, family. I liked all of your analogies and stories. All were comical but very concise with their message. The more daily nuisances that we can simplify, cut out or avoid, the quicker and smarter we can work which is better for us both personally and professionally. I look forward to reading your book and listening to more of your lectures.

Take Care,

A handwritten signature in black ink that reads "Brent Jacques". The signature is stylized with a large, sweeping initial "B" and "J".

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