



**COOLFONT**

**Resort, Conference Center, Health Spa**

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Mr. Jeffrey Davidson  
3713 S. George Mason Drive #705W  
Falls Church, VA 22041-3733

Dear Jeff,

**THANK YOU FOR A JOB WELL DONE!** I thoroughly enjoyed your presentation at Coolfont. I applaud you for being a stimulating speaker - clear, concise and to the point. Based on my experience at Coolfont and watching our guests from metropolitan areas, I feel you are right on the button in your assessment of what causes stress in our lives.

I am glad you and Susan enjoyed your visit to Coolfont and I hope you will join us again. Thanks for the copy of your book.

Best wishes,

Carolyn Ruos Thomas, M.S.  
Director, Spa and Fitness Programs