



**ETO**  
**Sterilization**

a Cosmed Group affiliate

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November 12, 2004

Mr. Jeff Davidson, MBA, CMC  
Breathing Space Institute  
2417 Honeysuckle Road, #2A  
Chapel Hill, NC 27514-6819

Dear Jeff,

It was a delightful experience listening to your Breathing Space presentation at the recent Wild Bird Feeding Industry Annual Meeting in TX last week. Yours was the first presentation scheduled early on Saturday morning and it was dynamic and referred to throughout the rest of the meeting. Those that choose to sleep in and arrive later, in your presentation, expressed their disappointment with themselves.

After reading your book I adopted many of the suggested practices. When I find myself slipping back into old habits I refer back to your Breathing Space advice. Simply managing the enormous influx of paper has proven to be beneficial.

Again thanks for the insight that has reduced my daily stress level. I look forward to the WBFi inviting you back to speak again.

Sincerely,

Karen Burns  
VP Operations