



DEPARTMENT OF THE NAVY
NAVAL SCHOOL OF HEALTH SCIENCES
BETHESDA, MARYLAND 20889-5612

IN REPLY REFER TO:

March 20, 1998

Jeff Davidson, MBA, CMC
Breathing Space Institute
2417 Honeysuckle Road, #2A
Chapel Hill, NC 27514-6819

Dear Jeff Davidson, MBA, CMC:

I had the pleasure of listening to your speech at the Leon I. Gintzig Commemorative Lecture at the American College of Healthcare Executives' Congress on Healthcare Administration on March 4, 1998, followed by your seminar on "Managing The Pace With Grace." Thank you for your presentations. I really got something out of them.

Often I listen to speeches at luncheons or attend seminars that don't give me any new tools that I can use. As a result of your presentations I feel motivated to:

1. Make a concerted effort to clear my desktop so that each succeeding day's work doesn't crash into the previous day's problems.
2. Clean out my files by tackling those ugly reams of paper in small bites.
3. Manage the beforehand, which I do to a certain extent now but you brought the benefit of this technique into sharp focus for me.

I liked your presentation style. You were able to get participant involvement in your presentation in spite of the large audience. Your sense of humor in presenting the many pitfalls we fall into drove home your points most effectively.

I'm confident that even if I only follow through on a couple of your suggestions I will gain some breathing space. Thank you.

Sincerely,

A handwritten signature in cursive script that reads "Peter P. Garms".

Peter P. Garms
Captain, Medical Service Corps, US Navy
Executive Officer