



April 26, 2001

Jeff Davidson  
Breathing Space Institute  
2417 Honeysuckle Road, #2A  
Chapel Hill, NC 27514-6819

Dear Jeff:

I'd like to take a moment to share my thoughts on your "Relaxing at High Speed" presentation at the recent WERC conference.

I think everyone in the business world today agrees that we are all too busy. The problem is that we don't know what to do about it. Your presentation and handout will give us all the information that we need to truly get started with improving our quality of life.

We (the WERC conference attendees) were probably not your most animated audience that you have ever presented to, but don't take that the wrong way. I believe that most of the folks were just a little burned-out and pre-occupied with getting back to the airport. There was a lot of buzz concerning the President coming into New Orleans and possibly interrupting the traffic flow.

Your presentation was great! Everyone was discussing how good it was on the way back to the airport and what each of us could do to start implementing some of your ideas.

I personally knew that I'd like your presentation as soon as you opened with "population". I believe that all of modern society's ills are directly related to an ever-increasing population. I was a little disappointed that I was the only one to answer your "how many people are there in the world" question. Maybe today's information overload is blocking out the really important issues.

Thank you for a very inspiring presentation.

Sincerely,

A handwritten signature in black ink that reads "David C. Fields". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

David C. Fields  
Director of Information Services

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