

Willamette  
Falls  
Home  
Care

November 8, 1999

Jeff Davidson, MBA, CMC  
Breathing Space Institute  
2417 Honeysuckle Road, #2A  
Chapel Hill NC 27514-6819

Dear Jeff:

I want to thank you for coming all the way to Portland Oregon to share with us in the Bereavement Conference, November 4th. I did not get one the envelopes, however I am sending a copy of one - I hope that is sufficient.

You made this conference worth while attending (and the music). Your sharing about the constant excess of information flow and the stress level that surrounds us on every level was very helpful to me. Perhaps I can learn to better cope now that I know I'm not the only one experiencing this - and that it is okay *and necessary* to *slow* the pace. You made the session not only fun, but very relevant to our every day lives. I have been so overwhelmed with these two topics - it was a nice surprise to hear someone actually address it . . . and the part about completion.

Thank you again - your session was definitely the best one that I attended.

Sincerely,

Beverly Helton, Secretary, Bereavement Team Member  
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