



North Carolina Department of Health and Human Services
Division of Vocational Rehabilitation Services
3401-A West Wendover Avenue • Greensboro, NC 27407

James B. Hunt Jr.
Governor

H. David Bruton, M.D.
Secretary

Bob H. Philbeck
Director

(336) 299-7337
Fax: (336) 299-9281
TDD: (336) 299-9298

September 8, 2000

Mr. Jeff Davidson, MBA, CMC
Breathing Space Institute
2417 Honeysuckle Road #2A
Chapel Hill, North Carolina 27514-6819

Dear Mr. Davidson:

Thank you so much for being a part of the North Carolina Rehabilitation Association Conference. I thought that your presentation was outstanding and very meaningful to us who work in the field of rehabilitation.

The part of your presentation that most impressed me was how the increased number of choices affects our "breathing space". I had never really thought about it consciously in my day to day tasks. I am from the generation who at one time had only 3 channels to choose from and cable television was a distant dream. Now there are so many choices in channels it is almost overwhelming. Also, there are so many choices in other areas that it is almost impossible to process everything. So having more choices makes choosing what might be best more difficult. (If you recall, I spoke with you briefly about my experience with "Men's Wearhouse").

You have given me much to think about and it has already had an impact on my life. I plan on using what I have learned to develop some more positive habits, to increase my "breathing space".

Thank you again for coming to our conference and thank you for helping me to make some positive changes in my life.

Sincerely,

A handwritten signature in black ink, appearing to read "Monty Honeycutt".

Monty Honeycutt
Assistant Unit Manager

MH/bs

