

Jeff -

I very much enjoyed your presentation this week and found it both informative and instructive. I often make a daily task list and certainly believe that I am more effective when I do. I look forward to trying some of your other techniques to better cope with my daily grind. I also plan to share them with my wife who is having difficulty w/ managing her time following a recent promotion. The derivative effects have been challenging. I look forward to receiving your disk. Thank you for taking the time to work with us.

Best Regards,
John Rakowski
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