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Jeff Davidson, MBA, CMC
Breathing Space Institute
2417 Honeysuckle Road, #2A
Chapel Hill, NC, 27514-6819

Dear Mr. Davidson,

I enjoyed your seminar on "Breathing Space" at the recent Farmers Personal Development Seminar offering. Your presentation was unique with respect to other time management ideas I have come across as you focused on the key drivers affecting the individual's ability to manage time. This approach alone generated much thinking time for myself, both in understanding the impact of the key drivers to my own situation as well as trying to learn why the population driver has only so recently developed the exponential growth curve.

I agree that there is much thrown at us that is truly inconsequential information. This was clearly evident the night after the seminar when I sat down at home to go through my weekly bills and mail and was astounded at the amount of irrelevant information which I am forced to at least filter through if not actually spend time reading. One can almost start to see things in an alternative view where almost all time demanding issues are irrelevant (newspapers, television, radio, internet, etc.). But this alternate side of the pendulum seems unnecessarily extreme. Just finding a comfortable and manageable balance would be desirable.

Today, I think many of us are conditioned to not even know how to use breathing space if we actually even find some. Maybe an idea for another book/seminar?

Arthur Dobrucki