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OUR NEWSLETTER



Mastering Your To-Do List™

Feeling stressed? Too much work and not enough time? Jeff Davidson, the Work-life Balance Expert® and founder of the Breathing Space Institute, offers strategies and techniques for effectiveness that anyone can quickly master. This audio presentation was recorded at the February 16, 2012 membership meeting.

Audio Recording

Please be patient, it may take several seconds for the recording to start (Windows MediaPlayer required). You can also [download the WMV file to your PC](#)