

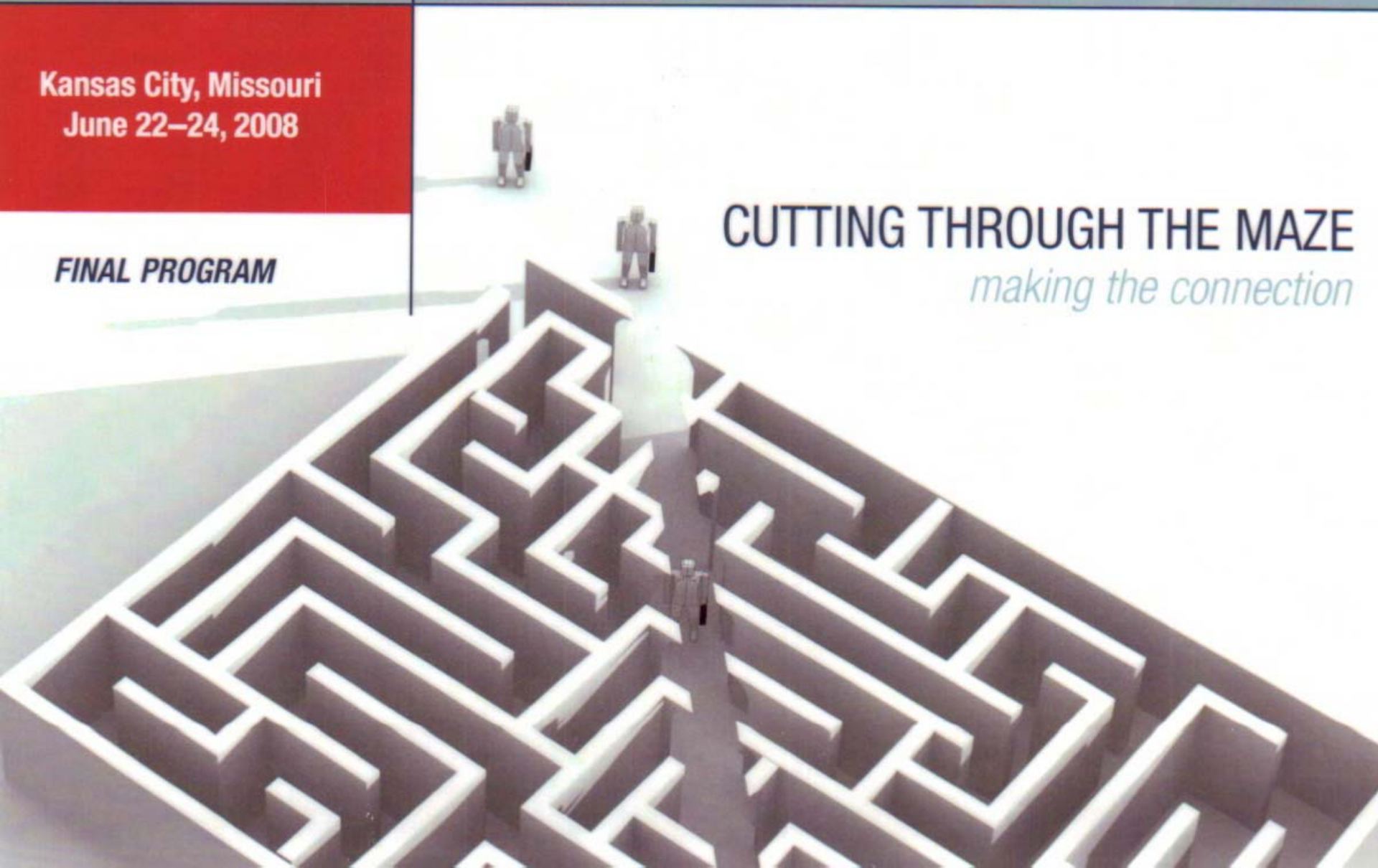
**InterContinental  
Kansas City at the Plaza**

American Bankers Association  
**CFO Exchange**

**Kansas City, Missouri  
June 22–24, 2008**

***FINAL PROGRAM***

**CUTTING THROUGH THE MAZE**  
*making the connection*



## ***Networking Lunch***

**1:00 pm–1:45 pm**

### ***Mastering Information and Communication Overload***



***Jeff Davidson***, MBA, CMC, Executive Director,  
Breathing Space Institute, Chapel Hill, North Carolina

Is the crushing burden of information and communication overload dragging you down? Do you feel overworked or overwhelmed, stressed and exhausted by the end of the day? Would you like to be more focused, productive and competitive, while remaining balanced and in control? If you're facing too much information, too much paper, too many commitments and demands of all types, you need breathing space. Davidson will offer deceptively simple but powerful techniques that will enhance your career and your life. His presentation will cover how to master the art of:

- Managing information and communication for the long term
- Controlling your immediate environment to support you
- Generating energy from your accomplishments
- Attaining breathing space more easily and more often