

# Mi Vida

...in balance

ASID RETREAT AT THE RED ROCKS



ENCHANTMENT RESORT  
August 2-4, 2002

Your experience at the Red Rocks will weave life-altering education with stress-relieving activities that will show you ways to restore harmony and balance to your life.

## Schedule of Activities

### Friday, August 2

- 6:30 – 7:00 p.m. Welcoming reception  
7:00 – 9:00 p.m. Kick-off Dinner with Jeff Davison and Marge Kelley

### Saturday, August 3

- Sunrise Yoga (optional)  
8 – 8:45 a.m. Breakfast  
9 a.m. – 12:30 p.m. "Managing Multiple Priorities: Doing More with Less" Led by – Jeff Davidson  
12:30 – 1:30 p.m. Lunch  
1:30 – 3:15 p.m. Continuation of Jeff Davidson's seminar  
3:15 – 3:30 p.m. Break  
3:30 – 3:40 p.m. Marge Kelley  
3:45 – 4:45 p.m. Reflection/Journal time  
4:45 – 5:45 p.m. Discussion time with Marge Kelley  
6:45 – 7:30 p.m. Cocktails  
7:30 – 9:30 p.m. Dinner — "Voices of the Verde"  
9:30 p.m. Dessert under the stars

9 a.m. – 12 p.m.

"Personal Renewal: A New View of the World" – Led by Interface Research Corporation's senior vice president Jim Hartzfeld and Ray Anderson, chairman and CEO

12 – 1:30 p.m.

Lunch and wrap-up with Marge Kelley

### Afternoon departure or free time for spa activities

You are encouraged to arrive early and/or stay longer to enjoy the spa activities and the beauty of the Red Rock region.

