

## Session 2:

### **Breathing Space: How to Survive in a Sped-up World**

**Camino Room**

**Convention Center - Main Level**

As the author of *Breathing Space: Living and Working at a Comfortable Pace in a Sped-up Society*, Jeff is the resource for learning how to make time work for you, how to reduce the useless clutter that wastes time and space, and how to regain control over even the busiest and most stressful of lives. (Session will be repeated at 2:00 p.m.)



*Presenter:*

**Jeffrey Davidson**

Breathing Space Institute  
Chapel Hill, North Carolina

## Session 3:

### **Emerging Technologies**

**Mizner Room**

**Cloister Meeting Rooms - Second Level**

(Repeated from earlier session.) John C. Dvorak joined the microcomputer revolution in 1976. He is currently a full-time writer and lecturer on computer technology, and does a weekly syndicated radio show, "Software/Hardtalk," which broadcasts coast-to-coast from San Francisco. Other credits include a TV course "What's New in Personal Computers," "Computerworld Special Reports," and the column "Inside Track" which is featured in PC Magazine. He is currently signed with C-Net to do a series of computer-related TV shows. His most recent book, *Dvorak Predicts: An Insiders View of the Computer Industry*, was released in 1994.



*Presenter:*

**John C. Dvorak**

Albany, California