

# 2004 Annual Meeting

## Wild Bird Feeding Industry

San Antonio, Texas

Crowne Plaza Riverwalk Hotel

November 5<sup>th</sup> & 6<sup>th</sup>





# Speakers and Topics

**Breathing Space, Saturday at 9:05am** - presented by Jeff Davidson, MBA, CMC

Do you feel overworked or overwhelmed, stressed, out of balance, and exhausted by the end of the day? Would you like to feel more focused, productive, and competitive, while remaining balanced and in control? If you're facing too much paper, too many commitments, or too many demands of all types, perhaps you need **Breathing Space**.

**Breathing Space** arms you with deceptively simple but powerful techniques that will change your life. You can easily learn how to master the art of:

- Controlling your immediate environment to support you
- Getting energy from your accomplishments, large or small
- Attaining breathing space more easily and more often

**About the presenter:** Jeff Davidson has been speaking professionally since 1983 to organizations, associations, health care providers and government agencies. Known for his extraordinarily high content, quick wit and inspirational style, Jeff has been invited for return engagements with many groups.