

J. M. Johnstone, Jr.
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Dear Jeff:

I am writing to take you up on your offer. I got a lot of things I can use from your presentation of *Breathing Space*. My office is very cluttered and I wonder why my productivity is so low. I feel that most of the time someone is yammering in my ear wanting me to buy something. There is much I can gain by getting off multiple email subscription lists and not checking my email every 15 minutes.

What I want to say is that you clearly presented the problems we face today keeping our souls intact, and gave us some pointers on how to preserve it. My thanks for a worthwhile evening.

Yours truly,



J. M. Johnstone, Jr.