

Life Flight



Hi Jeff,

I attended St. Alphonsus Leadership Institute today without much enthusiasm. The last one I attended left me feeling like I had wasted 8 hours of time, while I enjoyed the fellowship I didn't feel I had learned anything about being a better manager or a better person, and frankly could have fellowshiped in a much more stimulating environment, say the ski hill, than the windowless room where I was. Needless to say I was delighted by your presentation, you are a wonderful lecturer, I feared I may get restless after lunch but you kept me and the rest of the audience thoroughly interested. The best thing was that everything you said seemed to be aimed just at me and my circumstances. After the session I mentioned this to one of my co-workers and she said she felt the same thing. I was lucky enough to receive your book the Joy of Simple Living and can hardly wait to dive in. I came home and told my husband all about the session, until his eyes glazed over and he asked "What's for dinner." I will encourage him to read your book. We have had a weekend getaway planned with my sisters and mom and dad and I will take the manual from the class and discuss the Breathing Space lessons and goals with him. Don't change a thing, you do such a wonderful job keeping the audience involved with your lecture. If I ever hear of you being in the area I will go out of my way to attend. Until then I will read at least two of your books and be a better person for doing so.

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