

Managing the Pace With Grace® for Technical Writers

Thursday, February 16, 2012

Morrisville, NC

Event Details

In this program, Jeff Davidson of **Breathing Space** will present techniques for handling information overload and developing a greater sense of control.

Is today's typical working American overworked, underworked, energetic or lazy? The best answer is "none of the above." The root of the time-pressure we feel and the leisure we lack is not "too much work." There are larger, more basic, converging issues. We can handle longer hours; it's endless interruptions on top of everything else competing for our attention that leaves us feeling overwhelmed.

Once you are overwhelmed, feeling overworked can quickly follow. You can, however, maintain the pace with grace — even under pressure! This program is action-packed. Jeff lays out Breathing Space strategies and techniques for effectiveness that anyone can quickly master.

Our thanks to NetApp for providing the facilities for this event. When you come into the NetApp parking lot, look for Building 2. It's also the Executive Briefing Center, but go past the EBC entrance and take the 2nd entrance.

Networking begins at 6:00 p.m. The presentation will begin at 6:30.

About the speaker:

Jeff Davidson has been speaking professionally since 1983 to businesses, associations, health care providers, and government agencies. The premier thought leader on work-life balance issues, he is known for his extraordinarily high content, quick wit, and inspirational style. Jeff has been invited for return engagements with many groups. He's received **975 letters of praise** from meeting professionals and audience members. Feedback that Jeff receives includes "best of the conference," "you've changed my life," and "best speaker we've ever had."

STC Carolina Chapter

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STC seeks to advance the arts and sciences of technical communication, promote awareness of the latest trends and technology in the field, and provide innovative services for the education and professional development of its members.

The Society's diverse membership includes writers, editors, illustrators, printers, publishers, educators, students, engineers, and scientists employed in a variety of technological fields. With more than 11,000 members worldwide, STC is the largest professional organization serving the technical communication profession.

The Carolina Chapter currently serves more than 100 members in the Raleigh-Durham-Chapel Hill area of North Carolina, and in the Foothills region of North and South Carolina. The chapter is an STC Community of Excellence and a Pacesetter Award winner.